

SHOALHAVEN PC USERS GROUP
January 2022
*Club Meeting scheduled for
Special Interest Group **Sunday 16** at 1.00 pm
Friday, January 21 at 7.30pm*

Note arrangements for both meetings to comply with Covid19 protocol below!



We seem to have a reasonably confident approach to using the digital device of our choice and at least know where and how to get help when needed.

Competition between the major players will continue to bring slight refinements as a reason to change the hardware or software that we've come to know so well.

Discussion at our meetings should continue to guide us when those decisions have to be made.

Volunteers and professionals in all of our service functions are under pressure. Supply-chain issues are a major concern in almost all industries and professions.

Take care and look after each other.

Richard

We have space for a few thought starters...

“Leadership is the art of getting someone else to do something you want done because he wants to do it.”
Dwight D. Eisenhower

“Even a stopped clock is right twice every day.
After some years, it can boast
of a long series of successes.”
Marie Von Ebner-Eschenbach...she was Austrian
and worth a brief visit
https://en.wikipedia.org/wiki/Marie_von_Ebner-Eschenbach

“The trouble with having an open mind, of course,
is that people will insist on coming along
and trying to put things in it.”
Terry Pratchett

“Nothing is impossible, the word itself says
“I’m possible!”
Audrey Hepburn

Welcome to the New Year



You will have noticed this letter is a day late and deeper in whatever you think is appropriate. No reasonable excuse offered, just plain lazy.

It is so easy to take the feet ‘off the pedals’ when alone with one’s own thoughts. David did remind me SUNSIG comes first this month, but a prompt from Faye kick-started the job. You might find her “Magic Bank” story has the same effect, at least to some extent.

Nicoline and Jack have responded to my request for details on recent surgery. The message is pretty much the same in both cases. Thanks for sharing your recent experience. On page 3.

The substance and shape of each letter changes as local and global events are dramatized and compete for our attention.

How many of those wrestling with earlier editions could have predicted our ability in 2022 to include pictures taken from space using devices we use daily?

Several of you would have seen these images :

<https://www.nbcnews.com/video/tonga-volcano-scale-revealed-in-satellite-images-130998853549>

Modern science and technology give us instant reports on global events but we need to remember the perception of those reporting will be influenced by their values and circumstances.

We live in interesting times in a free country (maybe a few borders and regulations) with each of us living in our own little ‘world’. It’s great to share the journey with family and friends who easily forgive and are ready to help when needed.

Frank

“Don’t worry about the world coming to an end today. It’s already tomorrow in Australia.”

Charles Schulz

I did not attend our December meeting but courtesy of Gail and Russell

These notes suggest it was very successful

The members spoke about the scam messages they have been receiving on their mobiles, supposedly from Coles, Walmart, Woolies. Do not click on or correspond with them. Members complaining about slow freight getting their parcels. Also do not click on links sent to you randomly. Check with the company to see if they are legit. Ron Lukin stated to be very careful on Logos of companies. The shonky ones can be hard to spot and you will think they are the right ones.

Dennis: Spoke about his landline going out for a week and having a buzzing sound. Suddenly it was fixed. He then got a call from Telstra?? *Press 1*. Richard advises not to do it, just ignore it. Ring Telstra yourself to check if they did ring.

Ron asked about Windows 11-trying to dual boot on unsupported hardware. Richard said, "why bother". Rick asked what Windows 11 looks like and was told it looks like a MacBook and is pretty that is all.

Graeme wants to know how to take photos from his mobile phone & put them on to a computer. He was shown and then it was suggested he come to SunSIG.

Richard warned that buying a cheap computer is not worthwhile. You are better off to pay a bit more as you get what you pay for, and it will be very slow.

Nicoline spoke about a red mark that just appeared on her cheek and the and the road to her recovery. Her story will be in the newsletter and is a must read!

Other:

David Wastie showed how to find active fires on Google Maps.

earth.google.com....loads Google Earth Pro without having the app.

He also showed many apps that are helpful for the vision impaired. He discussed how they have improved over the years. Starting from Braille and now with being able to get your computer & mobile phones to read & send message and make phone calls.

There is an app for walking down the road with you phone facing out and it will tell you if something is in the way or even if the traffic lights are red. There are glasses you wear and you can watch e.g. football on the TV and see people faces coming towards you but they are very heavy.

Supersense: for reading. **Navigator:** for google maps is an add on voice description.

Google Translate: can read text and translate it. **Be My Eyes:** \$60-\$80 a year. It will contact volunteers from all over the world. Hold your phone up & they will tell you where to walk in metres. Also, if there are stairs it will tell you how many there are. **Wheelmate:** Tells you where there are wheelchair friendly toilets. **Blind Speech:** Text to speech for Apple only.

Envision Glasses: Tells you if someone is coming towards you & if you know them. **Cash Register:** Identifies bank notes. **ATMs:** You can plug headphones into the atm and it will read the screen to you. **Seeing Eye:** Only on Apple. A free app that narrates, recognizes, text, people, currency & currency. **See AI:** is another good one.

Members asked how they could clean off junk files on their computers. Clean out windows temporary files. Type in %temp% in the search bar. **C Cleaner** will do it automatically for you. Temporary files, trash bin, cache folder. After you run that one, then download

ADW Cleaner a small pocket version of Malware Bytes. ADW is a one-time scanner that stays on your computer for only one week.

General Business:

David was thanked by the members for all the demonstrations he has given over the year.

There being no further general business the meeting was closed at 10.00 pm.

Hello Frank,

I was asked by Gayle to just fill you in with some details of an issue I bought up at the last meeting, for the newsletter, although it was not computer related, it was, I felt important enough to tell my story.



In September I woke one morning and had what I thought was a pimple or a spider bite on my cheek, after a few days it got more inflamed and after 5 days I went to my Dr to see what it was, I was put on antibiotics for 1 week, and told to come back if I was worried,.

After that week with no improvement I went back to the Dr, who told me he was worried and put me back on a further 2 weeks of antibiotic and told I may have to be on them for 3 weeks.

After 2 weeks and not much improvement and everyone telling me I should change Dr's, I went back again, he took a swab and I waited for him to ring me with a result which never came.

When I inquired if the results were in yet after 3 days of waiting, was told all was clear and no further action was required.

I was quite upset by then and decided to take everyone's advice and get a second opinion. I went to another Dr who immediately sent me for an ultrasound and the next day after getting the results booked an appointment with a plastic surgeon.

She took one look and within 2 weeks I was in Shellharbour Hospital and had 2 lumps removed and was told that it was a Carcinoma, and that I was extremely lucky that I came to her when I did.

The point of my story was that from 16th September to 20th November this thing on my face which looked like a pimple or a spider bite was in fact something nasty, and that getting a 2nd opinion is definitely worth getting.

The reason I bought this up was I have a patch on my cheek and everyone was asking what had happened. The patch is silicone and is a scar fixer.

It just goes to show that something so little can become big in a very short time, and we should all keep an eye on strange lumps and bumps on our body and get them seen to, and change Dr's if you are not satisfied. I'm so glad that I took everyone's advice.

Regards Nicoline

Hello Frank,

May I start by wishing you everything that is good for 2022.

My triple A operation (Abdominal Aortic Aneurysm)



This is another typical story of not knowing what's going on inside one's body.

On Saturday November 27 I felt pain in my back, on the right side.

Since I normally never have back-pain, I thought: "Maybe I made a wrong move unknowingly" Since we have a Medical Centre here, a kilometre from our house, I thought it would be better to consult the doctor anyway.

I visited the doctor on Tuesday, November 30. This doctor is from Sri Lanka. He kind of felt my back and thought it might be muscle pain.

I went home but the pain persisted, albeit to a lesser degree.

I returned to the doctor Friday December 3rd and asked for a referral for a CT scan.

This could only be done on Monday 6 December. As the pain became less and less, I thought: "is it still necessary to have that CT scan?"

It was booked so I went. That same morning the doctor phones and says: "Congratulations". I was very surprised and asked him "for what?"

"For the fact that you asked for that scan. Good thing he says, because you have an aortic aneurysm that cannot be ignored."

He further explained that the aorta is normally 2 to 3 cm in diameter. "If it gets bigger than 5.5 cm, we worry". He continues: "I have never seen an aneurysm bigger than 6.3 cm."

My aneurysm was 7.6 cm. He continued: "I have already spoken to the surgeon, Tam Nguyen" Drive as quickly as possible to the hospital in Wollongong and report to the emergency department.

Rhona drove back home, I stayed in the hospital.

The operation (keyhole operation) took place on Monday 13 December and lasted 3 hours.

I didn't detect any discomfort at all, and I was released from the hospital on Wednesday 15 December..

This is the second time where there was something wrong inside me that I didn't know about.

The last time, as you know, was five years ago – where I felt pain in my chest while "jogging".

I was then, to my surprise, told that I had four blocked arteries. I underwent a bypass that time.

Greetings. Jack.

The Magic Bank Account.

Someone sent me this today. It's well worth thinking about ... EVERY DAY!



Imagine that you had won the following *PRIZE* in a contest: Each morning your bank would deposit \$86,400 in your private account for your use. However, this prize has rules. The set of rules:

1. Everything that you didn't spend during each day would be taken away from you.
2. You may not simply transfer money into some other account.
3. You may only spend it.
4. Each morning upon awakening, the bank opens your account with another \$86,400 for that day.
5. The bank can end the game without warning; at any time it can say "*Game Over!*". It can close the account and you will not receive a new one.

What would you personally do?

You would buy anything and everything you wanted right? Not only for yourself, but for all the people you love and care for. Even for people you don't know, because you couldn't possibly spend it all on yourself, right?

You would try to spend every penny, and use it all, because you knew it would be replenished in the morning, right?

ACTUALLY, This GAME is REAL...

Shocked ??? YES!

Each of us is already a winner of this *PRIZE*. We just can't seem to see it.

The PRIZE is *TIME*

1. Each morning we awaken to receive 86,400 seconds as a gift of life.
2. And when we go to sleep at night, any remaining time is NOT credited to us.
3. What we haven't used up that day is forever lost.
4. Yesterday is forever gone.
5. Each morning the account is refilled, but the bank can dissolve your account at any time WITHOUT WARNING..

SO, what will YOU do with your 86,400 seconds?

Those seconds are worth so much more than the same amount in dollars. Think about it and remember to enjoy every second of your life, because time races by so much quicker than you think.

So take care of yourself, be happy, love deeply and enjoy life! Here's wishing you a wonderful and beautiful day.

Start "spending"...

Note: this font used to make it fit space available

To commemorate her 79th birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP.

One of the numbers she performed was 'My Favourite Things' from the legendary movie 'Sound Of Music'.

Here are the lyrics she used:

If you sing it, it might strike a chord

Botox and nose drops and needles for knitting,
Walkers and handrails and new dental fittings,
Bundles of magazines tied up in string,
These are a few of my favourite things.
Cadillacs and cataracts, hearing aids and glasses,
Polident and Fixodent and false teeth in glasses,
Pacemakers, golf carts and porches with swings,
These are a few of my favourite things.

When the pipes leak, When the bones creak,
When the knees go bad,

I simply remember my favourite things,
And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions,
No spicy hot food or food cooked with onions,
Bathrobes and heating pads and hot meals they bring,

These are a few of my favourite things.

Back pain, confused brains and no need for sinnin',
Thin bones and fractures and hair that is thinnin',
And we won't mention our short shrunken frames,
When we remember our favourite things.

When the joints ache, When the hips break,
When the eyes grow dim,

Then I remember the great life I've had,
And then I don't feel so bad.

Ms. Andrews received a standing ovation from the crowd that lasted over four minutes and repeated encores.

*Spare a thought for those among us,
dealing with serious and persistent illness
but still sharing the journey.*

Our thoughts are with you. Frank



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